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AlcoholEdu survey results
Survey 1 = Pre-survey (149 items)
Survey 2 = Module effectiveness (22 items)
Survey 3 = Post-survey (138 items)
N = 333
                             (100%)
116 males
                              (35%)
217 females
                              (65%)
309 Caucasian
                               (93%)
326 age 18-19
                               (98%)
321 live on-campus
                               (96%)
17 live in substance-free hall (5%)
3 transfer students
                               (1%)
72 from Iowa
                               (22%)
165 from Illinois
                              (50%)
163 volunteer/com service
                              (49%)
50 student religious group
                              (15%)
141 athletics
                              (42%)
162 intramural
                               (49%)
15 health education group
                               (5%)
15 media organization
                               (5%)
51 music/performing arts
                               (15%)
88 never started drinking
                                     (26%)
35 started drinking before age 15
                                     (118)
199 started drinking before age 18
                                     (60%)
122 never got drunk
                                     (37%)
21 got drunk before age 15
                                     (6%)
167 got drunk before age 18
                                     (50%)
Pre: 238 consumed alcohol in the past year
                                                 (71%)
Post: 254 consumed alcohol in the past year
                                                 (76%)
Pre: 111 see no need to change the way they drink
Post: 156 see no need to change the way they drink
                                                       (47%)
```

Q1: Does age of first drink predict the likelihood of use or more frequent use?

-- First, I want to see how old students were when they started drinking and when they first got drunk. These variables will be our predictors.

Q145. How old were you when you first started	Q146. Personal Characteristics - How old were you when you first got drunk?					
drinking?	Never did	11 years	12 - 14 yea	15 - 17 yea	18-20 yea	Total
Never did this 11 years or younger 12-14 years old 15-17 years old	86 0 0	0 1 0 0	0 1 16 2	0 0 17 127	1 0 0 18	87 2 33
18-20 years old	18	0	1	2	22	43
Total	121	1	20	146	41	329

-- Next, I want to see the indicators of "frequency of use." The first measure will be question #5 from the pre-survey.

Q5. Frequency of | High-Risk Drinking |

in the past 2 weeks	Freq.	Percent	Cum.
+			
Never	67	20.12	20.12
Once	34	10.21	30.33
Twice	27	8.11	38.44
Three or more times	5	1.50	39.94
(no response)	200	60.06	100.00
+			
Total	333	100.00	

-- This might be a problem - 200 students did not respond to this item. For these 133 students, let's look at their age of first use.

Q145. How								
old were you when you	Q146. Pers	Q146. Personal Characteristics - How old were you when						
first started		you fir	st got drun	k?				
drinking?	Never did	11 years	12-14 yea	15-17 yea	18-20 yea	Total		
	+				-			
Never did this	0	0	0	0	1	1		
11 years or younger	0	1	1	0	0	2		
12-14 years old	0	0	11	13	0	24		
15-17 years old	2	0	0	78	8	88		
18-20 years old	6	0	1	1	10	18		
	+				-			
Total	8	1	13	92	19	133		

92 of the 133 respondents first got drunk between the ages of 15-17. Since so many students are in this single group, question 146 won't predict much of anything. We might get a good prediction from question 145.

Q5. Frequency of	Q145. Personal Characteristics - How old were you when						
High-Risk Drinking		you first started drinking?					
in the past 2 weeks	Never did	11 years	12-14 yea	15-17 yea	18-20 yea	Total	
	+					+	
Never	1	1	7	45	13	67	
Once	0	1	10	19	4	34	
Twice	0	0	5	21	1	27	
Three or more times	0	0	2	3	0	5	
	+					+	
Total	1	2	24	88	18	133	

From this table, there doesn't appear to be much of a relationship (since most students did not drink in the past 2 weeks). If anything, it looks as though students who began drinking between the ages of 15-17 more often engage in high-risk drinking. I'll go ahead and run a linear and ordinal logistic regression to see if we get a good prediction.

Linear regression Number of obs = F(1, 131) =

F(1, 131) = 3.03 Prob > F = 0.0842 R-squared = 0.0230 Root MSE = .89429

133

3.27

| Robust oneQ5 | Coef. Std. Err. t P>|t| Beta

oneQ145 | -.2066945 .1187887 -1.74 0.084 -.1516571
_cons | 1.374316 .3657241 3.76 0.000 .

Ordered logistic regression Number of obs = LR chi2(1) =

Prob > chi2 = 0.0705 Pseudo R2 = 0.0108

Log likelihood = -150.13532

oneQ5	Odds Ratio	Std. Err.			•	Interval]
oneQ145	.6399635		-1.78	0.076	.3910576	1.047297
/cut1 /cut2 /cut3	-1.276212 1221908 1.97886	.7466991 .7404325 .8403015			-2.739716 -1.573412 .3318993	.1872913 1.32903 3.625821

Neither model provides a good prediction. The logistic regression shows, if anything, students who begin drinking later in life (slightly) less often engage in high-risk drinking. But, really, there's no significant relationship between age of first drink and frequency of high-risk drinking (on the pre-survey). Running the same analyses on the post-survey finds virtually the same (non) results.

Let's move on to the other measures of "frequency of use" (questions 6-8). Here are the responses to questions 6-7 on the pre-survey:

Q6. Heavy	 		
Episodic	Q7. Problemat	ic	
Drinkers	Drinkers		
	No	Yes	Total
	+		+
No	241	0	241
Yes	65	27	92
	+		+
Total	306	27	333

the post-survey.

I'll first see if age of first drink (and age of first time drunk) predict if students are more likely to be heavy episodic drinkers. The one model that provides an interesting conclusion is:

Logistic regression		Number of obs	=	330
		LR chi2(1)	=	65.69
		Prob > chi2	=	0.0000
Log likelihood = -162.45186		Pseudo R2	=	0.1682
oneQ6 Odds Ratio Std. Err.	Z	P> z [95% C	onf.	<pre>Interval]</pre>
+				

oneQ146 | 2.212869 .2678854 6.56 0.000 1.745465 2.805437 _cons | .0586177 .021161 -7.86 0.000 .0288898 .1189359

I'm going to overstate the conclusion here, but it could be interpreted that: The odds of
becoming a heavy episodic drinker double for students who first get drunk later in life.
Talle and if I am alole that many along a global substitution in 115, and
Let's see if I can state that more clearly: Students who get drunk earlier in life are
half an library to compare harmonic become entered a deletion of mhis construction also halds an
half as likely to report becoming heavy episodic drinkers. This conclusion also holds on

Let's see if a similar conclusion can be made about students reporting to be problematic drinkers.

Logistic regression	Number of obs	=	330
	LR chi2(1)	=	12.22
	Prob > chi2	=	0.0005
Log likelihood = -87.344434	Pseudo R2	=	0.0654

oneQ7				[95% Conf.	-
oneQ146	.3032158	3.03	0.002	1.208728 .0083309	2.421362

Yep, students who first get drunk later in life are more likely to report becoming problematic drinkers. This conclusion also holds on the post-survey.

The final way to address this question would be to look at question #9 from the presurvey.

Q8. Self-Reported Drinking Rates and Behaviors - Students Categorized by reporte	Freq.	Percent	Cum.
Non-drinkers (0 drinks in previous two	203	60.96	60.96
Light/Moderate drinkers (1-3 drinks for	38	11.41	72.37
High Risk drinkers (4 or more drinks fo	92	27.63	100.00
Total	333	100.00	

Let's see if age of first drink predicts these categories of drinking.

Ordered logist	j			Number LR chi Prob > Pseudo	chi2 =	91.61 0.0000
oneQ8	Odds Ratio	Std. Err.	z	P> z	[95% Conf	. Interval]
oneQ145 oneQ146	1.354526 1.852475	.1833219 .2022613	2.24 5.65	0.025 0.000	1.038928 1.495596	1.765994 2.294511
/cut1 /cut2	2.535096 3.180742	.3633494 .3739365			1.822944 2.44784	3.247248 3.913644

Here we get the same conclusion: For students who begin drinking later in life, the odds of becoming a high-risk drinker (versus a combined non-drinker or moderate drinker category) are 1.35 times higher. Likewise, for students who are older when they first get drunk, the odds of becoming a high-risk drinker (versus a non-drinker or moderate drinker) are 1.85 times higher. This result held for the post-survey.

Q2: Does age of first use predict the use of protective behaviors?

Protective behaviors are measured by items 76 and 78-94. Since they all measure protective behaviors and they're all measured on the same 7-point scale, I'm going to create a single variable called "protective" that's simply the sum of all these item responses. So students can score from 0 (no protective behaviors) to 126 (7 x 18 items = 126). Let's look at the distribution of this variable:

```
2* | 049

3* | 9

4* | 0135666778999

5* | 01123344555556777778899

6* | 0000001111222223344466666777788889

7* | 0000111222222223344444455666778889999

8* | 00011111111222223344444555666777888888999

9* | 000111133444444455566677777888899

10* | 002223345577899
```

```
11* | 0002223344577
12* | 01566
```

We ended up with 221 students who answered all 18 items related to protective behaviors. There's a pretty nice distribution here, with only two students (those scoring 126) who reported using all 18 protective behaviors all the time.

I don't know much about AlcoholEdu, but I would (naively) expect students to report using protective behaviors more often on the post-survey. Let's look at the distribution for the post-survey:

```
1* | 88

2* | 1

3* | 03456688

4* | 2599

5* | 01122233344444445558889999

6* | 0012222223333444444455555666777888888

7* | 0000001122222222222222233334444455556667778888889

8* | 000111111111223333455568888

9* | 000122333344445677777999

10* | 0000022224444566778888889

11* | 00123444567779

12* | 02333445566666666
```

Following the AlcoholEdu program, the number of students using all protective behaviors all the time increased to 7. Let's run a quick dependent-samples t-test to see if we have a significant change in the use of protective behaviors:

Paired t test

_							
	ariable +	Obs	Mean	Std. Err.	Std. Dev.	[95% Conf.	Interval]
p p	resurvey ostsurv	197 197	78.38071 79.6599	1.49768 1.647589	21.02094 23.12502	75.42707 76.41062	81.33435 82.90918
	diff	197	-1.279188	1.421626	19.95347	-4.082835	1.524459
	mean(dif:	,	ean(protective	e - postprot	,	t : of freedom :	= -0.8998 = 196
	Ha: mean(diff Pr(T < t) = 0	,		: mean(diff)			(diff) > 0) = 0.8153

The average "protective behaviors" score for students at the beginning of the program was 78. By the end of the program, that average increased slightly to 80. It wasn't a statistically significant difference — we cannot conclude the AlcoholEdu program was associated with an increase in the reported use of protective behaviors.

The following stem plot shows the change in "protective behaviors" following the AlcoholEdu program:

```
-7* | 0
-6* | 4
-5* | 3
-4* | 75210
-3* | 6533
-2* | 9988544332110
-1* | 9998865433322000
-0* | 99988777776666655544433332222222211111
0* | 000000001111111122222333444555556666667888899999999
1* | 0111222223333333444555566666777899
2* | 00011224445667
3* | 1236
4* | 00124
```

5* | 7 6* | 03

Once again, it shows that just as many (if not more) students reporting using protective behaviors LESS frequently following the program.

 $\mathsf{Ok}\,,\,\mathsf{back}$ to the original question: Does age of first use predict the use of protective behaviors?

Source	SS	df	MS		Number of obs F(2, 218)	
Model Residual 	14112.5556 78250.6662 92363.2217	218 358	3.27778 3.94801 832826		Prob > F R-squared Adj R-squared Root MSE	= 0.0000 = 0.1528
protective	Coef.	Std. Err.	t	P> t	[95% Conf.	Interval]
oneQ145 oneQ146 _cons	6.212621 -5.450851 74.18919	1.849309 1.026691 6.259451	3.36 -5.31 11.85	0.001 0.000 0.000	2.567807 -7.474362 61.8524	9.857435 -3.42734 86.52598

This seems to indicate:

- a) Students who begin drinking at a later age are more likely to use protective behaviors
- b) Students who first get drunk at a later age are less likely to use protective behaviors

Let's look at some conditional means (and ANOVA tables) to see what's really going on:

sd	mean	N	oneQ145
54.50076 9.192388 20.10893 18.97436 20.28161	78.5 68.1 78.20548	3 2 30 146 40	Never did this 11 years or youn 12-14 years old 15-17 years old 18-20 years old
20.48982	78.51131	221	+ Total

Analysis of Variance

Source	SS	df	MS	F	Prob > F
Between groups Within groups	6365.11944 85998.1023	4 216	1591.27986 398.139362	4.00	0.0038
Total	92363.2217	220	419.832826		

Bartlett's test for equal variances: chi2(4) = 9.2007 Prob>chi2 = 0.056

Row Mean- Col Mean	Never di	11 years	12-14 ye	15-17 ye
11 years	-1.83333 1.000			
12-14 ye	-12.2333 1.000	-10.4 1.000		
15-17 ye	-2.12785 1.000	294521 1.000	10.1055 0.122	
18-20 ye	6.96667	8.8	19.2	9.09452

oneQ146	N	mean	sd
Never did this	35	98.94286	20.73352
11 years or youn	1	85	
12-14 years old	17	64.82353	19.21664
15-17 years old	130	74.17692	17.70143
18-20 years old	38	80.47368	17.23563
+			
Total	221	78.51131	20.48982

Analysis of Variance
Source
SS
df
MS
F
Prob > F

Between groups
71936.7608
216
333.040559

Total
92363.2217
220
419.832826

Bartlett's test for equal variances: chi2(3) = 1.7406 Prob>chi2 = 0.628

Row Mean- Col Mean	Never di	11 years	12-14 ye	15-17 ye
11 years	-13.9429 1.000			
12-14 ye	-34.1193 0.000	-20.1765 1.000		
15 - 17 ye	-24.7659 0.000	-10.8231 1.000	9.35339 0.482	
18-20 ye	-18.4692 0.000	-4.52632 1.000	15.6502 0.037	6.29676 0.627

These tables seem to indicate:

- a) Students who began drinking between the ages of 18-20 are significantly more likely to use protective behaviors (compared to ages 12-14)
- b) Students who have never gotten drunk are significantly more likely to use protective behaviors.
- c) Students who got drunk for the first time between the ages of 18-20 are significantly more likely to use protective behaviors (compared to ages 12-14).

When I put all these factors into an AxB ANOVA, the effects disappear. All these conclusions hold for the post-survey as well.

Q3: Does sex predict use patterns?

This is easier to see in a graph, but here's a t-test:

Two-sample t test with equal variances

Group		Mean	Std. Err.	Std. Dev.	•	•
•			2.178529			
Female	140	82.08571	1.707383	20.20203	78.70991	85.46151

	+											
COI	mbined	221	78.51131	1.3	378295	20.48	8982	75	.79496		81.22	?766
	diff		-9.752381					- 15	.25139	_	4.253	3377
Но	diff = : diff =	•) - mean(Fem	ale)		de	egrees	of		_	-3.4	
	Ha: di	ff < 0			diff				Ha:	dif	f > 0)
P:	r(T < t)	= 0.0003	Pr(T >	t)	= 0.0006			Pr(T >	t)	= 0.9	997

Females reported using protective behaviors more frequently than males. Looking at the protective behaviors individually, these stick out:

Females are more likely to use...

- 78 Pace your drinks to 1 or fewer per hour
- 80 Alternate non-alcoholic drinks
- 85 Have friends let you know when you've had enough
- 88 Avoid drinking games
- 89 Know where your drink is at all times
- 91 Put extra ice in your drink

Q4: If students report expecting to get in trouble, did they tend to report less use?

The two items related to "getting in trouble" were items 43-44. Let's look at those distributions:

Q43 Likelihood of getting in trouble with authorities	 Q44. Likeli (1) V Unl.	hood of get	tting in tro	ouble with y	our parents (5)	(6)	(7)	Total
	+						+	
(1) Very unlikely	43	14	15	13	4	3	8	100
(2)	9	27	14	10	5	4	3	72
(3)	4	5	8	10	3	4	5	39
(4)	0	4	6	12	4	0	9	35
(5)	3	0	4	2	6	6	8	29
(6)	0	0	2	1	1	10	5	19
(7) Very Likely	0 	0	2	1	1	1	24	29
Total	59	50	51	49	24	28	62	323

211 students (65%) think it's unlikely that they will get in trouble with authorities if they had 3-4 drinks. 160 students (50%) think it's unlikely that they will get in trouble with their parents if they had 3-4 drinks.

I can compare this to item #5 (frequency of use) to see if a relationship exists. Rather than run a test, I think this table shows a relationship:

Q43 Likelihood of getting in trouble with authorities	 Q5. Self- Behaviors -	-Reported Dri Frequency of	_		
	Never	Once	Twice	Three or	Total
(1) Very unlikely	19	12	12	1	44
(2)	21	13	7	4	45
(3)	6	6	2	0	14
(4)	8	1	3	0	12
(5)	5	1	1	0	7
(6)	4	0	0	0	4
(7) Very Likely	4 +	1	2	0	7 +

Of the 67 students who did not engage in high-risk drinking, the majority thought it was unlikely that they would get in trouble with authorities if they had 3-4 drinks. 19% of these students, however, did think it was likely. I'll summarize the table another way to show the result:

Students who never engage in high-risk drinking: 69% think it is unlikely they will get in trouble with authorities 19% think it is likely

Students who engaged in high-risk drinking one time in 2 weeks: 91% think it is unlikely they will get in trouble with authorities 6% think it is likely

Students who engaged in high-risk drinking 2 times in 2 weeks: 78% think it is unlikely they will get in trouble with authorities 11% think it is likely

Students who engaged in high-risk drinking 3+ times in 2 weeks: 100% think it is unlikely they will get in trouble with authorities 0% think it is likely

This shows that students who drink more are less likely to think they will get in trouble with authorities if they have 3-4 drinks. Let's try the same analysis focused on getting in trouble with parents.

Q44 Likelihood of					
getting in					
trouble with	Q5. Self-I	Reported Dri	nking Ra	tes and	
parents	Behaviors - 1	requency of	High-Ri	sk Drinking	
	Never	Once	Twice	Three or	Total
(1) Very unlikely	17	 7	8	1	33
(2)	12	12	7	1	32
(3)	9	5	8	1	23
(4)	12	5	4	1	22
(5)	7	3	0	1	11
(6)	3	0	0	0	3
(7) Very Likely	7	2	0	0	9
Total	67	34	27	<u>-</u> 5	133

Students who never engage in high-risk drinking: 57% think it is unlikely they will get in trouble with authorities 25% think it is likely

Students who engaged in high-risk drinking one time in 2 weeks: 71% think it is unlikely they will get in trouble with authorities 15% think it is likely

Students who engaged in high-risk drinking 2 times in 2 weeks: 85% think it is unlikely they will get in trouble with authorities 0% think it is likely

Students who engaged in high-risk drinking 3+ times in 2 weeks: 60% think it is unlikely they will get in trouble with authorities 20% think it is likely

This shows a similar trend: Students who drink more are less likely to think they will get in trouble with their parents if they have 3-4 drinks.

These results held for the post-survey.

Q5: Do scores on AlcoholEdu indicate use patterns (more use; lower score)?

The dataset doesn't actually contain their test scores (for items 134-135). Instead, every student just received a "1" for the first test, "2" for the second test, and so on.